

## AUTHOR INDEX 1996

- Achterberg J.** What is medicine? 1996;2(3):58-61
- Anderson RJ.** Holistic healers and physician-assisted suicide. 1996;2(6):77-83
- Andrews S.** Promoting a sense of connectedness among individuals by scientifically demonstrating the existence of a planetary consciousness? 1996;2(3):39-45
- Atkinson M** (see Tiller WA et al) 1996;2(1):52-65
- Badmaev V, Majeed M, Passwater RA.** Selenium: a quest for better understanding. 1996;2(4):59-67
- Beatty WW** (see Rodgers D et al) 1996;2(5):70-74
- Beck RL.** An overview of state alternative healing practices law. 1996;2(1):31-33
- Bessinger CD Jr.** Reflections on reality, healing, and consciousness. 1996;2(2):40-45
- Bland JS.** Phytonutrition, phytotherapy, and phytopharmacology. 1996;2(6):73-76
- Burkhardt MA** (see Nagai-Jacobson and Burkhardt) 1996;2(4):54-58
- Chilton M.** Panel recommends integrating behavioral and relaxation approaches into medical treatment of chronic pain, insomnia. 1996;2(1):18-28.
- Connelly R.** Assisted suicide is consistent with the ideals of holistic healing. 1996;2(6):77-82
- DeFazio P.** Why it's time for the Access to Medical Treatment Act. 1996;2(1):94
- Donegan E** (see Kaiser and Donegan) 1996;2(4):42-46
- Dossey L.** In praise of unhappiness. 1996;2(1):7-10.  
—“Now you are fit to live”: humor and health. 1996;2(5):8-13, 98-100  
—The great wait: in praise of doing nothing. 1996;2(6):8-14  
—The trickster: medicine's forgotten character. 1996;2(2):6-14  
—What's love got to do with it? 1996;2(3):8-15  
—When stones speak: toward a reenchantment of the world. 1996;2(4):8-13, 97-103
- Duggan R.** My promise to those I serve: to keep the lid on the rice pot moving.... 1996;2(1):112, 111
- Fawcett J, Hanson MJS, Riley-Lawless K, Sidney JS.** Alternative therapies and multiple sclerosis: two case reports. 1996;2(5):67-69
- Godfrey JC, Godfrey NJ, Novick SG.** Zinc and the common cold: review of all clinical trials since 1984. 1996;2(6):63-72
- Godfrey NJ** (see Godfrey JC et al) 1996;2(6):63-72
- Gordon JS.** The voices of experience and the process of change in medicine. 1996;2(3):96, 95
- Green J, Shellenberger R.** The healing energy of love. 1996;2(3):46-56
- Green JA.** Integrating conventional medicine and alternative therapies. 1996;2(4):77-81
- Hanson MJS** (see Fawcett J et al) 1996;2(5):67-69
- Hatfield MO.** In support of clinical research in alternative medicine. 1996;2(2):80
- Horrigan B.** Bruce Pomeranz, PhD: Acupuncture and the *raison d'être* for alternative medicine. 1996;2(6):84-91
- Janet Quinn, RN, PhD: Therapeutic touch and a healing way. 1996;2(4):68-75
- Leanna Standish, ND, PhD: From neuroscience to naturopathy. 1996;2(5):80-89
- Mark Plotkin, PhD: In search of plants that heal. 1996;2(2):66-75
- Michael Harner, PhD: Shamanic healing: we are not alone. 1996;2(3):68-75
- Wayne B Jonas, MD: At the helm of the OAM. 1996;2(1):82-91
- Hufford DJ.** Authority, knowledge, and substituted judgment. 1996;2(6):92-94  
—Culturally grounded review of research assumptions. 1996;2(4):47-53  
—Informed consent and alternative medicine. 1996;2(2):76, 78
- Jacobson JI.** Therapeutic radiology: a potential unfolding through bioelectromagnetic sciences. 1996;2(5):49-55
- Jahn RG.** Information, consciousness, and health. 1996;2(3):32-38
- Justice B.** Alternative medicine's relevance to public health practice and research. 1996;2(3):24-25
- Kaiser JD, Donegan E.** Complementary therapies in HIV disease. 1996;2(4):42-46
- Kane J.** Overcoming the dreaded L-block. 1996;2(5):112, 111
- Khoo K** (see Rodgers D et al) 1996;2(5):70-74
- Kiene H.** A critique of the double-blind clinical trial: Part 1. 1996;2(1):74-80  
—A critique of the double-blind clinical trial: Part 2. 1996;2(2):59-64  
—(see Kiene and Kiene) 1996;2(6):39-54
- Kienle GS.** Placebo effect and placebo concept: a critical methodological and conceptual analysis of reports on the magnitude of the placebo effect. 1996;2(6):39-54
- Kubo K, Nanba H.** The effect of maitake mushrooms on liver and serum lipids. 1996;2(5):62-66
- Levin JS.** How prayer heals: a theoretical model. 1996;2(1):66-73  
—Walking our talk, talking our walk. 1996;2(4):112, 111
- Liboff AR.** Power-line magnetic fields are likely related to leukemia in children (despite the opinion of the American Physical Society). 1996;2(2):46-51
- Lipp FJ.** The efficacy, history, and politics of medicinal plants. 1996;2(4):36-41
- Lippin RA.** Alternative medicine in the workplace. 1996;2(1):47-51
- MacEachen M** (see Rodgers D et al) 1996;2(5):70-74
- Maguire BL.** The effects of imagery on attitudes and moods in multiple sclerosis patients. 1996;2(5):75-79
- Majeed M** (see Badmaev V et al) 1996;2(4):59-67
- McCaleb RS.** Alternative and complementary medicine, preventive medicine, and natural healthcare. 1996;2(2):104, 103
- McCraty R** (see Tiller WA et al) 1996;2(1):52-65
- Miller M.** Diet and psychological health. 1996;2(5):40-48
- Milton D.** From alternative to mainstream: the role of education. 1996;2(6):116, 115
- Montgomery CL.** The care-giving relationship: paradoxical and transcendent aspects. 1996;2(2):52-57
- Moore NG.** Forging a final, spiritual bond: the Zen Hospice project. 1996;2(3):28-30

- Pew Commission report: focusing care on the community for the 21st century. 1996;2(5):28-34
- Self-regulation in children. 1996;2(6):30-31
- Spirituality in medicine. 1996;2(6):24-26, 103-105
- The American Holistic Centers: a model in integrative care. 1996;2(5):38-39
- The healing web: nursing borrows from native American tradition to create a better approach to healing. 1996;2(2):30-31
- Wayne Ruga: The architect of change in building therapeutic healing environments. 1996;2(1):36-37
- Nagai-Jacobson MG, Burkhardt MA.** Viewing persons as stories: a perspective for holistic care. 1996;2(4):54-58
- Nanba H** (see Kubo and Nanba) 1996;2(5):62-66
- Nicholson A.** Diet and the prevention and treatment of breast cancer. 1996;2(6):32-38
- Novick SG** (see Godfrey JC et al) 1996;2(6):63-72
- O'Connor BB.** Medical ethics and patient belief systems. 1996; 2(1):92-93
- Oven M** (see Rodgers D et al) 1996;2(5):70-74
- Park RL.** The great power-line scare. 1996;2(2):46-50
- Passwater RA** (see Badmaev V et al) 1996;2(4):59-67
- Pavek R.** New MeSH terms add accessibility to alternative medicine literature. 1996;2(2):25-28
- Petterson M.** The camptothecin tree: harvesting a Chinese anticancer compound in the US. 1996;2(2):23-24
- Riley-Lawless K** (see Fawcett J et al) 1996;2(5):67-69
- Rodgers D, Khoo K, MacEachen M, Oven M, Beatty WW.** Cognitive therapy for multiple sclerosis: a preliminary study. 1996;2(5):70-74
- Russek LG, Schwartz GE.** Narrative descriptions of parental love and caring predict health status in midlife: A 35-year follow-up of the Harvard Mastery of Stress Study. 1996;2(6):55-62
- Sancier KM.** Medical applications of qigong. 1996;2(1):40-46.
- Schwartz GE** (see Russek and Schwartz) 1996;2(6):55-62
- Shellenberger R** (see Green and Shellenberger) 1996;2(3):46-56
- Sidney JS** (see Fawcett J et al) 1996;2(5):67-69
- Soffa VM.** Alternatives to hormone replacement for menopause. 1996;2(2):34-39
- Artistic expressions of illness. 1996;2(3):63-66
- Tiller WA, McCraty R, Atkinson M.** Cardiac coherence: a new, noninvasive measure of autonomic nervous system disorder. 1996;2(1):52-65
- Ulett GA.** Conditioned healing with electroacupuncture. 1996;2(5):56-60
- Villaire M.** Eight additional specialty centers funded to conduct alternative medicine research. 1996;2(1):29
- OAM sets goals for eight new centers; centers provide initial details. 1996;2(2):20-22, 90.
- Report from February 26-27 AMPAC meeting. 1996;2(2):22-23
- Report from June 13-14 AMPAC meeting. 1996;2(5):22-25
- Update on Minneapolis, Seattle alternative medicine research centers. 1996;2(4):25-26

## SUBJECT INDEX 1996

### Acupuncture

- Conditioned healing with electroacupuncture. Ulett GA. 1996;2(5):56-60
- Bruce Pomeranz, PhD: Acupuncture and the *raison d'être* for alternative medicine. Horrigan B. 1996;2(6):84-91

### AIDS/HIV

- Complementary therapies in HIV disease. Kaiser JD, Donegan E. 1996;2(4):42-46

### Art therapy

- Artistic expressions of illness. Soffa VM. 1996;2(3):63-66

### Authority, medical

- Assisted suicide is consistent with the ideals of holistic healing. Connelly R. 1996;2(6):77-82
- Authority, knowledge, and substituted judgment. Hufford DJ. 1996;2(6):92-94
- Holistic healers and physician-assisted suicide. Anderson RJ. 1996;2(6):77-83

### Cancer

- Diet and the prevention and treatment of breast cancer. Nicholson A. 1996;2(6):32-38

### Cardiology

- Cardiac coherence: a new, noninvasive measure of autonomic nervous system disorder. Tiller WA, McCraty R, Atkinson M. 1996; 2(1):52-65

### Clinical research

- Cardiac coherence: a new, noninvasive measure of autonomic nervous system disorder. Tiller WA, McCraty R, Atkinson M. 1996; 2(1):52-65
- Cognitive therapy for multiple sclerosis: a preliminary study. Rodgers D, Khoo K, MacEachen M, Oven M, Beatty WW. 1996;2(5):70-74
- Complementary therapies in HIV disease. Kaiser JD, Donegan E. 1996;2(4):42-46
- Narrative descriptions of parental love and caring predict health status in midlife: A 35-year follow-up of the Harvard Mastery of Stress Study. Russek LG, Schwartz GE. 1996;2(6):55-62
- The effect of maitake mushrooms on liver and serum lipids. Kubo K, Nanba H. 1996;2(5):62-66
- The effects of imagery on attitudes and moods in multiple sclerosis patients. Maguire BL. 1996;2(5):75-79

### Consciousness

- Information, consciousness, and health. Jahn RG. 1996;2(3):32-38
- Promoting a sense of connectedness among individuals by scientifically demonstrating the existence of a planetary consciousness? Andrews S. 1996;2(3):39-45
- Reflections on reality, healing, and consciousness. Bessinger CD Jr. 1996;2(2):40-45

### Diet therapy

- Diet and psychological health. Miller M. 1996;2(5):40-48
- Diet and the prevention and treatment of breast cancer. Nicholson A. 1996;2(6):32-38
- Selenium: a quest for better understanding. Badmaev V, Majeed M, Passwater RA. 1996;2(4):59-67

### Editorials

- In praise of unhappiness. Dossey L. 1996;2(1):7-10
- "Now you are fit to live": humor and health. Dossey L. 1996;2(5):8-13, 98-100
- The great wait: in praise of doing nothing. Dossey L. 1996;2(6):8-14
- The trickster: medicine's forgotten character. Dossey L. 1996;2(2):6-14
- What's love got to do with it? Dossey L. 1996;2(3):8-15
- When stones speak: toward a reenchantment of the world. Dossey L. 1996;2(4):8-13, 97-103

### Education

- From alternative to mainstream: the role of education. Milton D. 1996;2(6):116, 115

## **Electromagnetic fields**

Power-line magnetic fields are likely related to leukemia in children (despite the opinion of the American Physical Society). Liboff AR. 1996;2(2):46-51

The great power-line scare. Park RL. 1996;2(2):46-50

Therapeutic radiology: a potential unfolding through bioelectromagnetic sciences. Jacobson JI. 1996;2(5):49-55

## **Ethics**

Authority, knowledge, and substituted judgment. Hufford DJ. 1996;2(6):92-94

Informed consent and alternative medicine. Hufford DJ. 1996;2(2):76, 78

Medical ethics and patient belief systems. O'Connor BB. 1996;2(1):92-93

## **Guided imagery**

The effects of imagery on attitudes and moods in multiple sclerosis patients. Maguire BL. 1996;2(5):75-79

## **Healers**

What is medicine? Achterberg J. 1996;2(3):58-61

## **Human interconnectedness**

Information, consciousness, and health. Jahn RG. 1996;2(3):32-38

Promoting a sense of connectedness among individuals by scientifically demonstrating the existence of a planetary consciousness? Andrews S. 1996;2(3):39-45

Reflections on reality, healing, and consciousness. Bessinger CD Jr. 1996;2(2):40-45

The care-giving relationship: paradoxical and transcendent aspects. Montgomery CL. 1996;2(2):52-57

When stones speak: toward a reenchantment of the world. Dossey L. 1996;2(4):8-13, 97-103

## **Indigenous healing**

Michael Harner, PhD: Shamanic healing: we are not alone. Horrigan B. 1996;2(3):68-75

## **Interviews**

Bruce Pomeranz, PhD: Acupuncture and the raison d'être for alternative medicine. Horrigan B. 1996;2(6):84-91

Janet Quinn, RN, PhD: Therapeutic touch and a healing way. Horrigan B. 1996;2(4):68-75

Leanna Standish, ND, PhD: From neuroscience to naturopathy. Horrigan B. 1996;2(5):80-89

Mark Plotkin, PhD: In search of plants that heal. Horrigan B. 1996;2(2):66-75

Michael Harner, PhD: Shamanic healing: we are not alone. Horrigan B. 1996;2(3):68-75

Wayne B Jonas, MD: At the helm of the OAM. Horrigan B. 1996;2(1):82-91

## **Legal issues**

Integrating conventional medicine and alternative therapies. Green JA. 1996;2(4):77-81

## **Love**

Narrative descriptions of parental love and caring predict health status in midlife: A 35-year follow-up of the Harvard Mastery of Stress Study. Russek LG, Schwartz GE. 1996;2(6):55-62

The healing energy of love. Green J, Shellenberger R. 1996;2(3):46-56

What's love got to do with it? Dossey L. 1996;2(3):8-15

## **Medicine, traditional Chinese**

Medical applications of qigong. Sancier KM. 1996;2(1):40-46

## **Medicine, herbal**

Mark Plotkin, PhD: In search of plants that heal. Horrigan B. 1996;2(2):66-75

Phytonutrition, phytotherapy, and phytopharmacology. Bland JS.

1996;2(6):73-76

The effect of maitake mushrooms on liver and serum lipids. Kubo K, Nanba H. 1996;2(5):62-66

The efficacy, history, and politics of medicinal plants. Lipp FJ. 1996;2(4):36-41

## **Medicine, holistic**

Alternative and complementary medicine, preventive medicine, and natural healthcare. McCaleb RS. 1996;2(2):104, 103

The effects of imagery on attitudes and moods in multiple sclerosis patients. Maguire BL. 1996;2(5):75-79

Viewing persons as stories: a perspective for holistic care. Nagai-Jacobson MG, Burkhardt MA. 1996;2(4):54-58

What is medicine? Achterberg J. 1996;2(3):58-61

## **Medicine, naturopathic**

Leanna Standish, ND, PhD: From neuroscience to naturopathy. Horrigan B. 1996;2(5):80-89

## **Menopause**

Alternatives to hormone replacement for menopause. Soffa VM. 1996;2(2):34-39

## **Mind-body**

Conditioned healing with electroacupuncture. Ulett GA. 1996;2(5):56-60

Diet and psychological health. Miller M. 1996;2(5):40-48

The care-giving relationship: paradoxical and transcendent aspects. Montgomery CL. 1996;2(2):52-57

## **Multiple sclerosis**

Alternative therapies and multiple sclerosis: two case reports. Fawcett J, Hanson MJS, Riley-Lawless K, Sidney JS. 1996;2(5):67-69

Cognitive therapy for multiple sclerosis: a preliminary study. Rodgers D, Khoo K, MacEachen M, Oven M, Beatty WW. 1996;2(5):70-74

The effects of imagery on attitudes and moods in multiple sclerosis patients. Maguire BL. 1996;2(5):75-79

## **News articles**

Alternative medicine's relevance to public health practice and research. Justice B. 1996;2(3):24-25

An overview of state alternative healing practices law. Beck RL. 1996;2(1):31-33

Body, mind, heart, and spirit: a new paradigm of cancer care. Moore NG. 1996;2(4):30-33

Forging a final, spiritual bond: the Zen Hospice project. Moore NG. 1996;2(3):28-30

New MeSH terms add accessibility to alternative medicine literature. Pavek R. 1996;2(2):25-28

Pew Commission report: focusing care on the community for the 21st century. Moore NG. 1996;2(5):28-34

Self-regulation in children. Moore NG. 1996;2(6):30-31

Spirituality in medicine. Moore NG. 1996;2(6):24-26, 103-105

The American Holistic Centers: a model in integrative care. Moore NG. 1996;2(5):38-39

The camptothecin tree: harvesting a Chinese anticancer compound in the US. Petterson M. 1996;2(2):23-24

The healing web: nursing borrows from native American tradition to create a better approach to healing. Moore NG. 1996;2(2):30-31

Wayne Ruga: The architect of change in building therapeutic healing environments. Moore NG. 1996;2(1):36-37

## **Nutrition**

Diet and psychological health. Miller M. 1996;2(5):40-48

Diet and the prevention and treatment of breast cancer. Nicholson A. 1996;2(6):32-38

Phytonutrition, phytotherapy, and phytopharmacology. Bland JS. 1996;2(6):73-76

Selenium: a quest for better understanding. Badmaev V, Majeed M, Passwater RA. 1996;2(4):59-67

Zinc and the common cold: review of all clinical trials since 1984. Godfrey JC, Godfrey NJ, Novick SG. 1996;2(6):63-72

#### **OAM Report**

Eight additional specialty centers funded to conduct alternative medicine research. Villaire M. 1996;2(1):29

OAM sets goals for eight new centers; centers provide initial details. Villaire M. 1996;2(2):20-22, 90

Panel recommends integrating behavioral and relaxation approaches into medical treatment of chronic pain, insomnia. Chilton M. 1996;2(1):18-28

Report from February 26-27 AMPAC meeting. Villaire M. 1996;2(3):22-23

Report from June 13-14 AMPAC meeting. Villaire M. 1996;2(5):22-25  
Update on Minneapolis, Seattle alternative medicine research centers. Villaire M. 1996;2(4):25-26

#### **Physician attitudes**

My promise to those I serve: to keep the lid on the rice pot moving.... Duggan R. 1996;2(1):112, 111

Overcoming the dreaded L-block. Kane J. 1996;2(5):112, 111

The voices of experience and the process of change in medicine. Gordon JS. 1996;2(3):96, 95

Walking our talk, talking our walk. Levin JS. 1996;2(4):112, 111

#### **Placebo**

Placebo effect and placebo concept: a critical methodological and conceptual analysis of reports on the magnitude of the placebo effect. Kienle GS, Kiene H. 1996;2(6):39-54

#### **Political commentary**

In support of clinical research in alternative medicine. Hatfield MO. 1996;2(2):80

Wayne B Jonas, MD: At the helm of the OAM. Horrigan B. 1996;2(1):82-91  
Why it's time for the Access to Medical Treatment Act. DeFazio P. 1996;2(1):94

#### **Prayer**

How prayer heals: a theoretical model. Levin JS. 1996;2(1):66-73

#### **Qigong**

Medical applications of qigong. Sancier KM. 1996;2(1):40-46.

#### **Radiology**

Therapeutic radiology: a potential unfolding through bioelectromagnetic sciences. Jacobson JI. 1996;2(5):49-55

#### **Research methodology**

A critique of the double-blind clinical trial: part 1. Kiene H. 1996;2(1):74-80

A critique of the double-blind clinical trial: part 2. Kiene H. 1996;2(2):59-64

Cardiac coherence: a new, noninvasive measure of autonomic nervous system disorder. Tiller WA, McCraty R, Atkinson M. 1996;2(1):52-65

Culturally grounded review of research assumptions. Hufford DJ. 1996;2(4):47-53

How prayer heals: a theoretical model. Levin JS. 1996;2(1):66-73

Placebo effect and placebo concept: a critical methodological and conceptual analysis of reports on the magnitude of the placebo effect. Kienle GS, Kiene H. 1996;2(6):39-54

#### **Research review**

Zinc and the common cold: review of all clinical trials since 1984. Godfrey JC, Godfrey NJ, Novick SG. 1996;2(6):63-72

#### **Stress**

Narrative descriptions of parental love and caring predict health status in midlife: A 35-year follow-up of the Harvard Mastery of Stress Study. Russek LG, Schwartz GE. 1996;2(6):55-62

#### **Therapeutic touch**

Janet Quinn, RN, PhD: Therapeutic touch and a healing way. Horrigan B. 1996;2(4):68-75



## SPIRITUALITY IN HEALTH CARE

N The Scientific Evidence N Educational Approaches N The Future

February 27, 28 and March 1, 1997,

Hyatt Regency Hotel, Albuquerque, New Mexico

#### **FEATURED SPEAKERS:**

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\*Herbert Benson, MD

\*Jean Watson, PhD, RN

\*Dean Ornish, MD

\*Janet Quinn, PhD, RN

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#### **Objectives:**

Millions of patients in the US suffer from serious and/or chronic disease processes. There is scientifically based information demonstrating that patients with a spiritual identity or belief system may have better health outcomes than those who do not. Many healthcare providers are unaware of the role that spirituality can play in helping their patients or clients regain health.

The purpose of this conference is to:

- \* introduce the field of spirituality in healthcare
- \* learn about a number of scientific studies regarding the research in this area
- \* learn some of the techniques that have been used to facilitate the teaching of medical students, nursing students and trainees in residency programs about the relationship of spirituality to the health of their patients
- \* look at the future of the field.

This conference will be of value to physicians, nurses, psychologists, pharmacists, social workers, counselors, and practitioners of complementary forms of medicine, clergy, and those who teach all of the above.