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For more information on Dr. Boon’s achievements, please visit DrRogersPrize.org.

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According to the National Institute of Health, more than 30 percent of adults and about 12 percent of children use health care approaches developed outside of mainstream Western, or conventional, medicine. A recent survey found that the use of dietary supplements is the most popular complementary health approach. The most frequently cited reasons for CAM use are general wellness, and pain management.